CRITICAL ANALYSIS ON LOKA PURUSHA SAMYA SIDDHANTA

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ABSTRACT

Background: There is great similarity between outside world and individual. The individual (Purusha) is a tiny replica of the vast universe (Loka). All the things of the universe are present in human body in one form or the others. In other word men is microcosm.

Aims and Objectives: To critically analyze the anatomico-physio-pathological points in relation to Loka Purusha Samya Siddhanta.

Materials and Methods: The Ayurvedic classics were scrutinized regarding the references for Loka Purusha Samya Siddhanta. Later, anatomico-physio-pathological aspects with reference to different physiological, anatomical and pathological concepts were studied from modern physiology books. Later, supportive correlation was done between Ayurvedic and modern views to build valid and reliable hypothesis.

Discussion and Conclusion: Any changes occurring in the universe causes structural and functional changes in the body. Hence, changes in normal structure and function of universe play important role in cause and development of disease or abnormal condition (etiopathogenesis). Man is part of nature hence environmental changes affect human body favourably or adversely.

Keywords: Loka, Purusha, Samya, Physiology, anatomy, Pathology.

INTRODUCTION

individual. Similarly all those present in the individual are also enclosed in the universe3.

The five basic elements exist in all matter. Water provides the classic example: - the solids of iced water are manifestation of the Prithvi Mahabhuta (earth principle). Latent heat in the ice (Agni) liquefies it, manifesting into Jala Mahabhuta (water principle). And then eventually it turns into steam expressing the Vayu Mahabhuta (air principle) the steam disappears into Akasha or space4.Bhuta is that which is not born out of something, but out of which something is born. It is the material cause of substances in the world. When we say Bhuta we mean that subtle level of existence, where as Mahabhuta refers to gross level of existence3. Panchikarana is the process through which invisible Bhutas combine with each other and form the visible Mahabhutas in such a way that all Bhutas are present together in each Drisya Bhuta in varying degrees of predominance. Thus in the physical world everything is a combination of Pancha Mahabhutas & we cannot see them independently4. Thus the five basic elements Akasha, Vayu, Teja, Jala and Prithvi are present in one substance. This proves that all five elements are present in all matter in the universe.

Visualization of the identity of the individual with the universe paves the way for salvation. The body is described as the modified form of Mahabhutas hence the description of the identity of the individual & the universe relates to Mahabhutic composition only. The multitudes of the human features are ascribed to the proportion of different Bhutas each of different nature5.

According to this Siddhanta there is great similarity between outside world and individual. The individual (Purusha) is a tiny replica of the vast universe (Loka). All the things of the universe are present in human body in one form or the others. In other word men is microcosm. This Siddhanta is enunciated by Vedanta Darshana. Purusha means human body or individual and Loka means nature or universe. All that exist in Brahmanda (universe) also exist in pinda (individual). Hence also known as “Pinda Brahmanda Nyay”. The word Brahmandals formed by the combination of two words, Brahma and Anda. Word Brahma is originated from root word “Briha” Dhatu that means to expand. Human body is equal to universe, what so ever formed entities are in universe, the same are in human body, the same are in human being and what so ever entities are in human being those are in universe. The similarity between body and universe can be understood in to 2 ways:- 1. Anatomical or Structural similarity:-
According to Shristi Utpatti everything (either Chetan or Achetan) are originated from Ayavakta awwtha i.e. 1st stage of Shristi Utpatti. Panchbhautik :-The composition of human body is just like the composition of nature or universe. Ayurveda states that each and every element on this earth is formed by Panchmahabhuta (Prithvi, Ap, Teja,Yayu and Akasa). Agnishomiya :-Loka is Agnishomiya in nature. Shukra is Saumya and Artava is Agneya in nature. Thus Purush which is made up of Shukra and Artava is also Agnishomiya. Shaddhatwatmak:- According to Acharya Charaka, Lok and Purush both are Shaddhatwatmak and composed of Panchmahabhuta and Ayavakta Bramha. The similarities between Lokgata Bhavas and Purushgata Bhava i.e. similarities of entities of human and universe are explained by Acharya Charaka in the chapter Purushvichariya Sharir. 2. Functional similarity:- Activities in human body are also similar to that occurring in universe. All the activities of universe and individual are mainly of three types – 1)Visarga – to give strength or union. 2) Adana – transformation or change or digestion. 3) Vikshepa- movement. Following functions keep the balance in nature- Moon have principle of cohesion or union which is responsible for the keeping the molecule intact and helping the new growth. The sun is representative of principle of thermogenesis or transformation. Principle of movement represented by wind or wind is responsible for all types of movement. In the same way, Tridoshal.E. Kapha, Pitta and Vata maintain the balance of all body function. Any changes occurring in the universe causes structural and functional changes in the body. hence, changes in normal structure and function of universe play important role in cause and development of disease or abnormal condition (etiopathogenesis).Man is part of nature hence environmental changes affect human body favourably or adversely.

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DISCUSSION
Physiological and Pathological understanding of loka Purusha Samyasiddhanta can be done as follows: Urdwagata Amlapitita (Acid- peptic disease/ Gasto-Oesophalag reflex disorder) occurring in the body can be simulated with eruption of Volcano occurring in universe, Pyrexia or fever occurring in the body can be simulated with Gloal warming occurring in universe, Udavarta (abnormal movement of yayu) occurring in the body can be simulated with Hurricanes, tornado etc occurring in universe, Psoriasis occurring in the body can be simulated with different types as pollution occurring in universe, tremors occurring in the body can be simulated with earthquake occurring in universe. Periodic shedding of endometrium in women uterus /body can be simulated with periodic shedding of leaves from the trees occurring in universe, corneal reflex of the body can be simulated with reflex shown by touch me not plant, dilatation of pupil in the body can be simulated with blossoming of flower occurring in universe.

According to Acharya P. V. Sharma- the plant parts or substance which is morphologically similar to body parts are beneficial to that body part. For e.g. bark of tree is similar to skin hence it is beneficial for the skin. Similarly, The shape of grapes is like that of lungs; therefore, grapes are effective in lungs disorders. Atibha is kidney shaped and has diuretic property. Chestnut is brain shaped and is a potent brain tonic. The seed of jack fruit is testes shaped and has been shown beneficial for testes. Thus, nature has indicated that what is to be used for the management of which type of disorders on the basis of Lok Purusha Samya Siddhanta.

CONCLUSION
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REFERENCES

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